

## *Where is Public Health?*

*Read the following story. How many public health actions/interventions can you identify?*

Mary wakes up in the morning. She takes a shower, uses the restroom, and washes her hands. Mary puts on her “Daily Defense SPF 15” moisturizer. Mary has run out of shampoo and decides to visit the grocery store. Mary puts on a flannel shirt and gets into her car.

She is annoyed at the bell reminder her to wear her seatbelt. She notices that a rock has chipped her windshield, but it didn’t break all the way. On the way to the grocery store, she notices a billboard reminding her to get her flu shot. Walking into the grocery store, Mary says hello to a friend standing outside smoking. At the grocery store, Mary picks up a gallon of milk. She examines the labels on the shampoo to make sure that she isn’t allergic to any of the ingredients.

She picks up her prescription at the pharmacy and waits to be counseled on her new medication. The pharmacist notices that her new medication might cause a drug interference and calls her doctor.

On her way back to her car, Mary takes the cross walk across the street. On the radio is an advertisement for Proposition 30 banning the use of vending machines in schools. Mary picks up her nephew, Bobby, from school. He is excited because he got a “perfect score” on his hearing test today! Bobby asks Mary if she has seen his favorite toy Rocko the Bear. He left it under the car seat the last time her was in her car.

Mary drops Bobby off at the swimming pool for his swim lessons. Mary goes to a restaurant and orders dinner. She loves the fresh salad greens! After dinner, Mary picks up Bobby from swim practice. It’s getting dark and she sees several bicycle clubs ride by in the bike lane on the way home.