

## **CHSC6610 STUDENT LEARNING OBJECTIVES:**

By the end of the course students should be able to:

- Understand general principles of nutrition: energy needs, daily nutrient requirements, macronutrients, metabolism, cholesterol and lipids.
- Comprehend the magnitude of the obesity epidemic, basic treatment goals for weight management.
- Be familiar the wide range of nutrition programs and services offered in the community setting at the municipal, state and national levels.
- Know roles, responsibilities and job opportunities for public health nutrition professionals in the United States.
- Develop the planning, implementation and evaluation of basic programs in community nutrition.
- Understand ethnic and socio-cultural aspects of food and eating.
- Apply basic theories of behavior change to nutrition.
- Apply concepts of social marketing to community nutrition.